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Old Friend from Far Away: The Practice of Writing Memoir - Kindle edition by Natalie Goldberg. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading Old Friend from Far Away: The Practice of Writing Memoir. When longtime Zen practitioner and world-renowned writing teacher Natalie Goldberg learns that she has a life-threatening illness, she is plunged into the challenging realm of hospitals, physicians, unfamiliar medical treatments, and the intense reality of her own impermanence. Yes, I'm mentioned here: Telling Their Life Stories, Older Adults Find Peace in Looking Back (Susan B. Garland, Retiring, Your Money, NY Times, 12-9-16) Storytelling, so important