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The Domestic Violence Survival Workbook - Self-Assessments, Exercises & Educational Handouts (Mental Health & Life Skills Workbook Series) Spiral-bound – February 2, 2009 by John J. Liptak (Author), Ester R.A. Leutenberg (Author), Amy L. Brodsky (Illustrator) & 0 moreThe Domestic Violence Survival Workbook: Self-Assessments, Exercises & Educational Handouts. Author(s) : Ester Leutenberg, John Liptak. Spiral-bound, 122 pages. Item #252310. Many workbooks, workshops, and self-help systems have been designed to help people explore ways of overcoming abusive relationships. The Assessments, Journaling Activities and Educational Handouts The Assessments, Journaling Activities, and Educational Handouts in The Domestic Violence Survival Workbook are reproducible and ready to be photocopied for participants' use. Assessments contained in this book focus on self-reported data and are similar to ones usedThe Domestic Violence Survival Workbook - Self-Assessments, Exercises & Educational Handouts (Mental Health & Life Skills Workbook Series) Liptak, John J.; Leutenberg, Ester R.A.