

Download What I Learned In Medical School

Personal Stories Of Young Doctors

From my blog Burnout is a smokescreen for human rights abuse: “Burnout” is a smokescreen for rampant human rights violations in medicine. Am I losing anyone here? Let me break it down. “Burnout” is a complete mental and physical collapse from overwork. Psychiatrists define it as a job-related dysphoria in an individual without major psychopathy. Like everyone else, doctors have personal problems. We get divorced, have custody battles, infidelity, disabled children, deaths in our families. **FIRST YEAR OF MEDICAL SCHOOL:** So first of all I would say, like most medical students, I started first year really happy and excited. I was finally getting my dream off the ground. Like many people, Mildred thought TB could only affect the lungs. She was surprised when she was diagnosed with TB in her epiglottis. With support from her family and nurses from the health department, she completed treatment.